

## **KEITH URBAN DESCRIBES LIFE AS “MR. MOM” IN EXCLUSIVE INTERVIEW WITH “CMT INSIDER” PREMIERING THIS SATURDAY, SEPTEMBER 13**

NASHVILLE – September 11, 2008 – Keith Urban reveals details about his new role balancing fatherhood with touring, and his lingering back injury in an exclusive interview with Katie Cook on CMT INSIDER, premiering Saturday, September 13 at 1:30-2:00 p.m., ET/PT.

Urban clearly treasures his time with two-month-old Sunday Rose, his daughter with wife, Nicole Kidman. “When my wife’s working and I’ve got time off, I’m just Mr. Mom during the day, taking care of the little girl,” said Urban.

CMT’s weekly series CMT INSIDER, hosted by Katie Cook, gives viewers their fix of country music news plus hot topics from the entertainment world including the lifestyles of celebrities, legends and breaking country music events.

CMT, a unit of Viacom’s MTV Networks (NYSE: VIA and VIA.B), is the leading television and digital authority on country music and Heartland entertainment, reaching more than 87 million homes in the U.S. CMT and its website, CMT.com, offer an unparalleled mix of music, news, live concerts and series and is the top resource for country music on demand. The network’s digital platforms include the 24-hour music channel, CMT Pure Country, CMT Mobile and CMT VOD.

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